



### Travel should take you places™

### Hilton London Metropole hotel

225 Edgware Road, London (UK), W2 1JU, United Kingdom Tel: +44 (0)20 7402 4141 Fax: +44 (0)20 7724 8866 We guarantee our best rates are online: www.hilton.co.uk

Just 10 minutes' walk from the West End and Oxford Street, the Hilton London Metropole hotel boasts conference space for up to 3000 guests. Meet colleagues in the Executive Lounge or relax in the gym, pool or sauna. Dine on international cuisine at Fiamma Restaurant or sample Asian Fusion favourites at Nippon Tuk.

BOOK NOW

FIND OUT MORE

#### **HERE ON BUSINESS**

15 minutes from Heathrow Airport 40 conference rooms for 3-3000 Executive Rooms and Executive Lounge Wireless internet access in public areas

#### **LOCATION**

Travel to the Hilton London Metropole hotel in the heart of central London, just a 10-minute walk from Oxford Street. This major conference hotel is 20 minutes from Heathrow Airport. The Heathrow Express terminates at Paddington Station, which is just 5 minutes by taxi from the hotel.



#### **RESTAURANTS & BARS**

Enjoy sushi at the Hilton London Metropole hotel's 24th-floor Nippon Tuk with city views. Relax in Fiamma Restaurant or the late-night Lounge Bar.

#### **Caffe Cino**

This colourful London café in the Hilton London Metropole hotel's Lobby is a good spot to join delegates for a lunchtime coffee and pastrami bagel.

#### **Fiamma Restaurant**

Sample international cuisine in newly refurbished surroundings at this relaxed restaurant on the first floor of the Hilton London Metropole hotel.

#### Lounge Bar

Send emails with wireless internet access, sample exciting cocktails or enjoy a late night bar snack in this contemporary London bar on the Hilton London Metropole hotel's ground floor.

#### **Nippon Tuk**

Sip champagne on the Hilton London Metropole hotel's 24th-floor before savouring Asian Fusion cuisine at this chic London restaurant with its city views.

#### **Sports Bar**

Watch live sporting events from the Hilton London Metropole hotel's newly refurbished sports bar whilst you enjoy a refreshment and bar snack.

#### **LEISURE FACILITIES**





### Travel should take you places™

#### **Contrasti Hair and Beauty**

Feel like treating yourself? The Hilton London Metropole hotel's salon is the perfect spot for a little indulgence, be it a new haircut or a massage.

#### **Executive Lounge**

Business is a pleasure at the Hilton London Metropole hotel's Executive Lounge. Enjoy a free continental breakfast or debrief over drinks.

#### **Health and fitness**

Maintain your fitness regime at the Hilton London Metropole hotel's gym and pool. Soothe tired muscles afterwards in the sauna.

#### **Hilton Connections**

Need a fast internet connection? Hilton Connections at the Hilton London Metropole hotel lets you surf the net up to 10 times quicker than dial-up.

#### Journey's Friend gift shop

The Hilton London Metropole hotel makes gift shopping easy. Surprise the kids back home with a toy Paddington Bear or stock up on toiletries.

#### LivingWell Health Club

Exercise away from home at the Hilton London Metropole hotel's fully equipped gym. The pool and sauna are good places to relax after a long meeting.

#### **London attractions**

Want to know when the food hall at Harrods shuts? Let the Hilton London Metropole hotel's Concierge team answer your queries on London attractions.

#### ROOMS

All 1054 of the Hilton London Metropole hotel rooms offer internet access, most with a high-speed connection. Choose a Deluxe Room with city views or Suite with Executive Lounge access.

#### **Hilton Rooms**

Wake up to this comfortable room offering internet access . The contemporary room is decorated in rich, warm tones. Catch up with work at the desk or pamper yourself in the bathroom featuring luxury amenities .

#### **Family Rooms**

Wake up to this comfortable room with internet access . The contemporary room is decorated in rich, warm tones. Catch up with work at the desk, entertain the family with cable TV or relax in the bathroom. Choose Family Deluxe Room Plus for sofa and city views.

#### **Deluxe Rooms**

Take in the city view from this comfortable room with internet access . The modern room is decorated in cool, calm tones. Entertain yourself with the cable TV, get to work at the desk or re-energize in the bathroom.

#### **Deluxe Plus Rooms**

Savour the city view from the floor-to-ceiling windows of this contemporary room, with high-speed internet access . Relax in the seating area with large armchair, ottoman and easy chair, catch up on work at the desk or refresh in the bathroom with luxury amenities.

#### **Executive Rooms**

Work is easy in this modern room offering Executive Lounge access with free continental breakfast and refreshments. Check email with high-speed internet access, work in comfort in the ergonomic chair or relax in the easy chair and gaze at the city views. Refresh in the bathroom with separate shower.

#### **Suites**

Enjoy a home from home in a stylish suite, with separate living room and dining area . Enjoy Executive Lounge access with free continental breakfast and refreshments. Relax on the sofa , enjoy a meal at the dining table or pamper yourself in the large luxury bathroom.

#### **Presidential Suite**

Spoil yourself in this contemporary suite with living room, dining and working areas . Enjoy Executive Lounge access with free continental breakfast and refreshments. Curl up on the sofa to watch DVDs or enjoy a meal at the dining table and refresh in the luxury bathroom with separate shower.

#### **LOCAL ATTRACTIONS**

Hyde Park Kensington Gardens Oxford Street





FOR FAMILIES

#### Family plan

Children aged 18yrs or under stay free in room with parents or grandparents; Second room for children charged at 50% of first room. Children aged 10yrs or under eat and drink for free, from the children's menu. Children aged 11yrs or over must pay for meals.

#### What's on for children at this hotel

Kids can make a splash in the Hilton London Metropole's indoor heated pool . Let them choo se their meal from the Planet Hilton kids' menu . Adjoining rooms , family rooms and a babysitting service are available. 12-5-metre heated indoor pool Babysitting on request Planet Hilton kids' menus Adjoining and family rooms available (for up to 7)

#### What's on for children in the area

London attractions for kids include the Science Museum and the British Museum where they can gaze at Egyptian mummies. They'll love the bird's eye view from the London Eye . Discover London's Roman heritage at the Tower of London . British Museum, 2 miles London Eye, 2 miles Tower of London, 4 miles Science Museum, 3 miles

#### **Our child policy**

Child under 19 years stays free in room with parents with a second room for children discounted at 50%. Children aged 10 years and under eat and drink for free from the children's menu.

#### **Child safety**

The Hilton London Metropole hotel puts your child's safety first. The hotel and grounds are protected by security cameras and security staff are on duty 24 hours.



# **Hilton**

# Travel should take you places **Destination guide: London**

## Sightseeing

## Hill-top Hampstead, South Bank culture and naval Greenwich

#### **London Villages**

Explore London by district, taking a different area each day to get under the capital's skin. Discover chic **Notting Hill and Kensington**, establishment **Chelsea**, quirky **Camden Town and Regent's Park**, the resurgent **Docklands**, genteel **Hampstead and Highgate**, naval **Greenwich** and villagey **Stoke** 

**Newington**. After all, London started out as two separate cities -**The City** for trade and **Westminster** for royal governance surrounded by outlying hamlets. And although the green fields between those villages were terraced over by the Victorians, much of London's village atmosphere remains, if you know where to look for it.

**Top Tip** Don't try to do too much in a day - it won't feel like fun and London isn't going anywhere. You can always come back.

#### **Must-Sees**



#### **British Museum**

When: Daily Galleries: daily 10am-5.30pm Great Court: Sun-Wed 9am-6pm; Thu-Sat 9am-11pm Where: British Museum World-class collections from

civilisations across the globe are

exhibited at the British Museum in Bloomsbury. Its mission is to "illuminate the histories of cultures for present and future generations", with popular galleries devoted to the Assyrians and the Ancient Greeks.



#### Tate Modern

When: Daily Daily 10am-6pm (until 10pm Fri & Sat) Where: Tate Modern

The industrial Bankside Power Station on the south bank of the Thames houses the Tate Modern gallery's world-class

20th-century and contemporary art collection. Catch temporary exhibitions too or take tea overlooking the River Thames.



#### **National Gallery**

When: Daily Daily 10am-6pm (until 9pm Wed) Where: National Gallery

The pedestrianisation of Trafalgar Square has created an even grander

forecourt to one of the world's finest art

collections. The National Gallery houses European paintings from the 13th to the 20th centuries, and a visit is free of charge.



### London Eye

#### When: Daily Daily 10am-8pm/9pm Where: London Eye

The giant wheel of the London Eye on the Thames riverbank arrived in time for the capital's superb millennium celebrations. It has now given 21 million

people an unrivalled panoramic view of the capital. Booking ahead is strongly advised.



#### Tower of London

#### When: Daily Daily 9am/10am-4.30pm/5.30pm Where: Tower of London Since William the Conqueror in 1066,

English kings have slept, eaten and executed rivals in the Tower of London

on the River Thames. Find primitive Norman toilets in the White Tower and the Crown Jewels in the Jewel House.



#### St Paul's Cathedral

When: Daily; not Sun Mon-Sat 8.30am-4pm

Where: St Paul's Cathedral

The famous dome of St Paul's Cathedral, in the City, is a London icon. Test the acoustics in The Whispering Gallery and

visit the tombs of Nelson and Sir Christopher Wren, the cathedral's architect, in the crypt.

#### Hidden Gems





Travel should take you places



#### Sir John Soane's Museum

When: Daily; not Mon or Sun Tue-Sat 10am-5pm; first Tue of every month also 6pm-9pm Where: Sir John Soane's Museum Sir John Soane's Museum near Holborn is the former home of the neoclassical

architect and art collector, and remains in the exact same state as when he died in 1837. Discover hidden passageways and an extensive collection of classical antiquities, ranging from busts and urns to architectural artefacts.



#### **Kenwood House**

When: Daily Daily 11.30am-4pm Where: Kenwood House Kenwood House is an idyllic cream mansion on north London's Hampstead

Heath. View paintings by Rembrandt, Turner and Gainsborough left by the first Earl of Iveagh in 1927. A walk across the heath provides

spectacular views of London.



#### **Serpentine Gallery**

When: Daily Daily 10am-6pm (until 10pm Fri)

**Where: Serpentine Gallery** A converted 1934 Palladian tea room, the Serpentine Gallery is a glorious venue in the heart of Hyde Park.

Consistently challenging, it attracts some of the finest contemporary artists working today and is known for its innovative programming.

#### Wonderful Walks

Head to **Hampstead** for walks (and hill-top views), historic pubs (The Wells, the Holly Bush Inn) and famous names (the houses of Freud and English poet Keats are open to the public). Soak up culture on the **South Bank** with a cult movie screening at the **British Film Institute**, lunch on **The Cut** in Waterloo and enjoy innovative art exhibitions at the **Hayward Gallery**. Keep walking east down the Thames Path to find **Shakespeare's Globe** on **Bankside**, **Borough Food Market** and **Tate Modern**.

#### **London by River**

Board a Thames riverboat for **Greenwich** to see where the British Navy trained its recruits, where Henry VIII frolicked as a child in medieval/Art Deco **Eltham Palace**, and for panoramic views from Christopher Wren's **Royal Observatory** which straddles the Meridian Line. The handy **Tate to Tate** riverboat (decorated with Damien Hirst's spots) connects **Tate Modern** in Bankside with Tate Britain in Vauxhall.

## Shopping

# Alexander McQueen at Harvey Nichols, bespoke suits on Savile Row

Believe it or not, London has over 30,000 shops and more street markets than any other city in the world (26 in total). And, for those visiting over a weekend, all the big shops open on Sundays.

#### **Fashion Shopping**

London's key fashion shopping districts include **Knightsbridge** (Sloane Street, Knightsbridge), which attracts serious spenders with a penchant for gold. **Chelsea** (King's Road, Sloane Square and Brompton Cross) is where kitten-heeled ladies fresh from their facials stock up on Agnès b and Joseph numbers. Gentlemen love Jermyn Street in **Mayfair** for Floris aftershaves and 100 per cent cotton shirts, while Savile Row is the place for bespoke tailoring. For the latest looks, browse **Selfridges, Liberty** and **Harvey Nichols** - London's smartest department stores.

#### Landmark Shops



#### Selfridges

When: Daily Mon-Sat 9.30am-8pm (until 9pm Thu); Sun 11.30am-6pm Where: Selfridges

Selfridges on Oxford Street is a shopper's haven. Prized designer-wear, a fabulous fragrance department, a food

store and hip cafés are all available under one roof.



#### Harrods

#### When: Daily Mon-Sat 10am-8pm; Sun 11.30am-6pm Where: Harrods

London's most over-the-top department store, Harrods takes up an entire block of smart Knightsbridge. From

world-famous collectable teddy bears in Toy Kingdom to Beluga caviar in the ornately-tiled Food Halls, the store offers seven floors of material delights.



# **Hilton**

Travel should take you places



#### Harvey Nichols

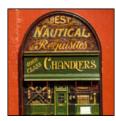
When: Daily Mon-Sat 10am-8pm; Sun 12pm-6pm; Fifth Floor Cafe from 8am

#### Where: Harvey Nichols

London's Harvey Nichols is the smartest department store in the capital. The

favourite haunt of Patsy and Edina of Absolutely Fabulous, it offers chic consumerism at its most expensive and sophisticated. There are three floors dedicated to womenswear, two to menswear and a food hall on the fifth floor.

#### Markets



#### Portobello Road Market

When: Daily Shops: daily 7am-6pm (street market Fri & Sat only) Where: Portobello Road Originally a simple track leading to a

farm called Porto Bello, today Portobello Road in Notting Hill hosts one of

London's hippest street markets - the Portobello Road Market. With lots of antiques stalls, it's something of a must-see.



#### **Borough Market**

When: Thu, Fri, and Sat only Thu 11am-5pm; Fri 12pm-6pm; Sat 9am-4pm

Where: Borough Market

Lively Borough Market has existed on the south bank of the Thames since

1756. Offering a tempting mix of traditional, modern and artisan food, the stalls are busy with curious tourists and locals doing a weekly shop.



#### **Spitalfields Market**

When: Daily; not Mon or Sat Tue-Fri 10am-4pm; Sun 9am-5pm Where: Spitalfields Market

Spitalfields Market once provided fruit and vegetables for the whole of London from under its canopy roof. Today, the

East End market has become home to a vast array of stalls selling everything from cutting-edge fashion to bric-a-brac.

#### **Oxford Street**

**Oxford Street** is the ultimate high street and packs in the bargains, so teenagers flock to the likes of Topshop, Mango and Zara. Step off the busy thoroughfare for designer clothes at Browns on **South Molton Street**, or contemporary jewellery and classic print scarves at department store Liberty, on **Regent Street**.

#### **Gizmos and Antiques**

For the latest hi-fis, video games and computer hardware (including a flagship Apple store), head for **Tottenham Court Road**. For designer shoes, trawl **Neal Street** in Covent Garden while antique lovers can browse furniture, clocks and lights from the 1600s onwards in **Lillie Road** (Fulham) and **Camden Passage** in Islington.

## Dining

#### Gastropubs, fast-food noodle bars and Michelin stars

London has over 6,000 restaurants - 22 per cent of the UK's total offering cuisines from more than 70 countries or regions. To make the choice a little less overwhelming, we have selected **nine restaurants** (including Hilton's finest) located in neighbourhoods across London. They range from Michelin-starred gourmet fare in Chelsea to Cantonese simple suppers in Chinatown.

#### **New Trends**

In recent years, the rise of the London **gastropub** has been inexorable. Put simply, a gastropub is a refit of an "old man's" London pub with chrome-topped bars and no-nonsense dining furniture which serves dishes influenced by Thai, French and Italian cuisines. Gastropub favourites include Thai fishcakes, top quality bangers and mash or lamb shanks, rounded off with French-style lemon tarts or homemade ice-cream. **Primrose Hill**, **Farringdon, Notting Hill** and **Islington** are all prime gastropub districts.

**Noodle bars** with shared tables and warming coconut soups are another recent London dining trend - **Wagamama** has several branches now - while **Busaba Thai** (Soho and Bloomsbury) is a very successful Thai take on fast-food dining.

#### **London Restaurants**





Travel should take you places

### **Destination guide: London**



#### Kensington Place

When: Daily Lunch; 12pm-3.30pm; dinner: Mon-Sat 6.30pm-11.45pm; Sun 6.30pm-10.15pm Where: Kensington Place When Kensington Place opened back in

brasserie. Rowley Leigh was the inspiration behind this development and as Head Chef, he continues to offer seasonality, consistent standards and thoughtful cooking.



#### Mr Kong

When: Daily Mon-Sat 12pm-2.45am; Sun 12pm-1.45am Where: Mr Kong

If eating out in London's Chinatown, then make a beeline for cheap and cheerful Mr Kong, an unpretentious

Hong Kong Chinese restaurant on Lisle Street, with a Cantonese-style menu to satisfy beginners and the more adventurous diner.



#### Moro

When: Daily; not Sun Mon-Sat 12.30pm-2.30pm & 7pm-10.30pm Tapas served all day Where: Moro

Moro has put Moorish food on London's culinary map. Located in lively Exmouth

Market, the restaurant has a relaxed Mediterranean feel. An arty/media crowd enjoy the outside seating in summertime. Tapas is served at the bar throughout the day, with its clear view through to the open kitchen.

#### The lvy When: I 12pm-3 Mon-St Where: Located Ivy resta

When: Daily Lunch Mon-Sat 12pm-3pm; Sun 12pm-3.30pm; dinner

Mon-Sun 5.30pm-12am Where: The Ivy

Located in the heart of Theatreland, The lvy restaurant is where London's

A-listers head to lunch with their agents, or eat dinner after a show. Actors, directors, writers, comedians, you name it, they all come to enjoy The lvy, concealed behind the

coloured-diamond lattice windows which keep prying eyes out.



#### St John Bread & Wine

When: Daily Mon-Fri 9am-11pm; Sat 10am-11pm; Sun 10am-10.30pm Where: St John Bread & Wine The acclaimed St John Bread & Wine in Spitalfields, on the fringe of The City, has an understated, simple take on

British dining. The restaurant merges the finest ingredients, old British classics and a tapas-style dining experience. Expect some unusual options, such as pigs' trotters.



#### **Restaurant Gordon Ramsay**

When: Weekdays only Mon-Fri 12pm-2.30pm & 6.30pm-11pm Where: Restaurant Gordon Ramsay Three Michelin stars take Gordon Ramsay's flagship eatery, Restaurant Gordon Ramsay, to another level of

dining. Its location in Chelsea and the deluxe white and cream interior prepare the upper end of London society for a serious gourmet experience. A sommelier advises on the wine list.



#### 🚪 Nippon Tuk

When: Daily; not Sun Tue-Sat lunch and dinner, Mon dinner only Where: Hilton Metropole Hotel Nippon Tuk offers chic Asian cuisine on the 23rd floor of the Hilton London Metropole. Expect spectacular views

and a glamorous, but relaxed, vibe.



#### **Woburn Place Dining Room**

When: Daily Mon-Fri 12pm-10.30pm; Sat-Sun 6pm-10.30pm Where: Hilton Euston

The Woburn Place Dining Room is housed in a beautifully light and airy Victorian conservatory, part of Hilton

Euston. Sophisticated and chic, the restaurant serves classic English, continental and Far Eastern dishes. So no matter what you like to eat, you should find something to enjoy on the menu.



# Hilton

Travel should take you places



#### Galvin at Windows

When: Daily Mon-Sat 7am-10.30pm; Sun 7am-2.30pm Where: London Hilton Park Lane Galvin at Windows, on the 28th floor of

London's Hilton Park Lane Hotel, has a glamorous interior evoking the golden

age of the 1930s with a 21st-century theme. Always an iconic space, renowned for its peerless views of London, with Chris Galvin at the helm this has become one of London's leading destination restaurants.

#### Where to Eat

Restaurants cluster in the **West End** and **Soho** is wall-to-wall restaurants. But every neighbourhood can guarantee a choice of Pizza Express, Indian, Chinese and Italian restaurants. Eat your way around the world with Bengali food in **Brick Lane**, Indian curries in **Southall**, Turkish chargrilled dishes in **Stoke Newington**, Caribbean stews in **Hackney**, Vietnamese spring rolls in **Hoxton** and Chinese stir-frys in **Chinatown**.

#### Tipping

Tips of ten to fifteen per cent are usual in London restaurants and service is often included in the bill (always for large groups). You don't have to tip unless the service merits it. It is possible to eat for £10 per head, but decor (if not food) will be basic. Smarter restaurants cost between £40 and £100 per head. **Book in advance** for upmarket restaurants especially on Friday and Saturday nights. Bear in mind that many close on Sunday nights.

### Nightlife

# Historic watering holes, gigs in pubs and celebrity hangouts

#### **The London Scene**

London's nightlife scene is very diverse, changing in feel from neighbourhood to neighbourhood. **Soho** has most of the late-night bars and is London's busiest party district. **Hoxton** comes a close second, with numerous pubs, old-style drinking dens and chrome-topped new bars along Charlotte Road, Great Eastern Street, Old Street and all the streets in-between.

**Covent Garden**, **Soho** and **Mayfair** have several historic pubs, as does the ancient **City of London**.

#### **Bars and Clubs**

With more than 3,800 pubs and 230 clubs spread across its many boroughs, London is the place to party. Though many local pubs are fast being converted into sleek gastropubs, some still serve real ale with a Victorian-tiled smile.

Try the **Cross Keys** in Covent Garden and **The Golden Heart** in Spitalfields - real London pub experiences. To hobnob with celebrities, head for **Cuckoo Club**, **Mahaki** or **Boujis**. For the best-mixed cocktail in town, try **The Lab** on Old Compton Street in Soho. Hilton has some trendy cocktail bars too, many of which boast panoramic views of the capital.

As for clubs, **The End** in Covent Garden and **Fabric** in Clerkenwell battle it out for venue supremacy with state-of -the-art sound systems and a changing roster of innovative DJs. Up in Camden, Koko pulls a cool crowd with a mix of live music and straight-up dance nights.

#### Nightspots



#### The End

When: Daily; not Tue Wed-Mon various

Where: The End

Bringing to life a seedy side street in London's West End, The End is a bona fide classic clubbing landmark - a

favourite with seasoned party-goers and an initiation for the new kids in town.



#### Maroush 1

#### When: Daily 12pm-2am Where: Maroush 1

Step downstairs into the cavernous interior of Maroush 1 on Edgware Road and a little slice of Lebanon awaits. Delicious mixed grills, meze dishes and

the best freshly-squeezed fruit juices are just the beginning of its delights.



#### 93 Feet East

When: Daily Mon-Thu 5pm-11pm; Fri 5pm-1am; Sat 12pm-1am; Sun 12pm-10.30pm Where: 93 Feet East

93 Feet East is a multi-faceted bar, club and live music venue, in the heart of

London's cosmopolitan East End. It's the ideal place to see cutting-edge live performances or to spend a big night on the dance-floor.



### **B** Hilton

Travel should take you places

### **Destination guide: London**



#### Notting Hill Arts Club When: Daily

Where: Notting Hill Arts Club Notting Hill Arts Club is dimly-lit, intimate and ultra-cool. Furnished with comfortable sofas, a small dance floor and a stage for live acts, this West

London venue offers an eclectic mix of club nights, poetry readings and quirky art projects.



#### **Ronnie Scott's**

When: Daily Mon-Sat 6pm-3am; Sun 6pm-12am

#### Where: Ronnie Scott's

London's best known jazz club, Ronnie Scott's offers live jazz every night of the week in the heart of Soho. Book a table, order a scotch and watch as renowned musicians and new

order a scotch and watch as renowned musicians and new talent perform on the famous stage.



#### Zeta Bar

When: Daily; not Sun Mon & Tue 5pm-1am; Wed-Sat 5pm-3am Where: London Hilton Park Lane If you mind about your feng shui when sampling cocktails, head for the stylish Zeta Bar, at the London Hilton on

Mayfair's Park Lane. The barman uses plenty of fresh fruit and vegetable juices, so you needn't feel guilty



#### Rockwell Bar

When: Daily Mon-Sat 8am-1am; Sun 9am-10.30pm Where: The Trafalgar

A well-kept secret awaits you at the top of the Hilton Trafalgar. The chic, candlelit Rockwell Bar in the roof garden

is a romantic way to start a night on the town or the ideal place to unwind after a hard day's graft.



#### Windows Bar

When: Daily Mon-Thu 10pm-1am, Fri-Sat 10am-3pm; Sun 10am-10.30pm Where: London Hilton Park Lane For a cocktail with a view to remember, hot-foot it to the Hilton Park Lane. A

well-mixed drink on the 28th storey offers panoramic views of the capital, from Battersea Park Power Station in the west to the Telecom Tower in the north, while the dark expanse of 300-acre Hyde Park spreads out directly beneath you.

#### Live Music

London's live music scene is thriving and, with 120 venues to choose from, there is talent to enjoy every night of the week. Catch tomorrow's stars today at **The Barfly** in Camden Town, **The Garage** in Islington, **The Spitz** in Spitalfields and **The Water Rats Theatre** in King's Cross (the first place Bob Dylan played in London).

Established world music and jazz stars play the **South Bank Centre, Barbican Centre, Ronnie Scott's** and **The Jazz Café**, while touring rock and pop acts thrill big crowds at the **Hammersmith Apollo, Brixton Academy, Shepherd's Bush Empire, Wembley Arena** and the **Royal Albert Hall**.